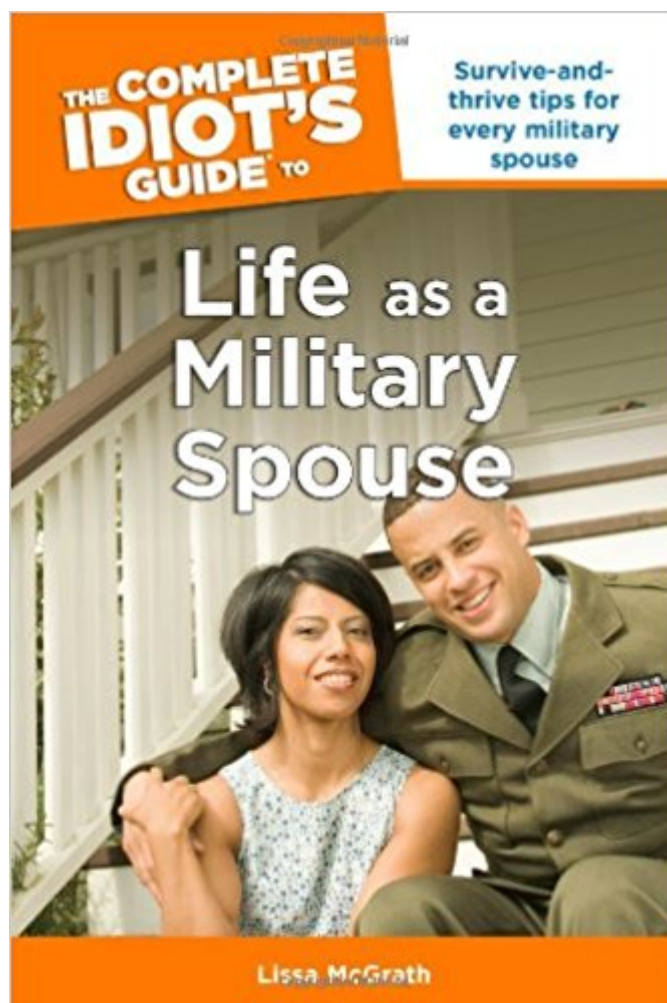


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# The Complete Idiot's Guide To Life As A Military Spouse



## Synopsis

For better, for worse, for Uncle Sam? Today's military has changed dramatically?and spouses need to be prepared. Approximately half of our 1.4 million fighting men and women are married. And for a military spouse, information and support are not easy to find. Included here is: ?How to enroll in the Child Development Homes program ?What to do before a permanent change of station (PCS) ?How to prepare for the deployment?and the return?of a spouse ?Easy ways to calculate benefits, allowances, and special pays

## Book Information

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## Customer Reviews

Lissa McGrath has seen her husband deployed six times to the Middle East. She's lived overseas, made three PCS, delivered her daughter at a military hospital, and used most of the resources available to military families. A contributing writer for Family magazine, which distributes to 50,000 U.S. military families worldwide, she also writes for Salute magazine, with a 250,000 monthly distribution. She has written about countless military-spouse topics.

I just purchased this book as my husband will be leaving for BMT next month and I wanted to get a better understanding of things in advance (I didn't want to learn the hard way). This book was full of great information on a wide variety of topics. It answered just about every question that I could possibly think of. The only thing that I would prefer is that it covered information a little more in

depth. Understandably they don't want to create a 10,000+ page book to get all the information in there and it did list very helpful websites to expand on the information that was not in the book. But I feel that they could have picked a couple of topics to elaborate on more in the book. Primarily the finances and moving sections as those were my major concerns and after speaking with several other new wives I can say without a doubt that I'm not alone with this concern. I will recommend this to anyone looking for info about being a military spouse - new or seasoned and I know I will definitely be referencing this again and again!!

I'll admit it -- I'm not an Army wife, just a very involved Army girlfriend (although some might call me a secretary at times). This book was very informative about what the Army pays for (such as during moves), services available to our soldiers, and so on. There are a few sections that aren't relevant to me (a section on becoming a military spouse if you're not an American citizen, and several sections on dealing with military life with kids), but I just glossed over those. If you're a parent of a soldier, sibling, girlfriend, boyfriend, or spouse, read this book! It makes understanding military life much easier for the family members who might have been civilian their whole lives (like me).

As a new reservists wife, I only had Facebook as a means to find out anything. Wasn't even contacted by the FRG (for you non-military, Family Readiness Group) :( I think this book should be handed out to new recruits so they can give them to their wives or future wives. Even though I know some of the info in the book, I'm already flagging pages for future referencing. Lots of numbers and websites that are useful. Instead of having to bother my significant other to get this info I can take care of it on my own time - which in turn gives us more time to spend together as a family. Love it!

This book was easy to navigate and a good outline of what to expect in military life. The charts were dated for 2007 and 2008, so the specific information wasn't pertinent to me, however, it did list a lot of internet resources and cited a lot of websites where I could go for current updated data. Great for any new spouse or potential spouse to have for reference for any branch of the Armed Forces.

I have really enjoyed looking through this book. My husband, who is the Navy, even perused it and found information in it that he even did not know about (mostly concerning children).

As a soon to be air force wife, my husband goes to basic in a couple weeks, I found this book wonderfully helpful. It gives bits of information about a variety of topics and then if you want more

info on a certain topic it gives u a website you can visit to get that info.

Great book! This book is more on the everyday living side. (DEERS, Tricare, how to deal with his deployment). Good tips and helpful information for those new to the military life. I wouldn't recommend this for seasoned wives as they already know most of this information.

For someone like me who married into the military with NO prior exposure to it, this book was really helpful. From insurance issues to romantic advice it covers everything.

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